



## Underwritten by: **American Heritage Life Insurance Company**

The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by American Heritage Life Insurance Company, Jacksonville, Florida in all states except New York. Product features and availability vary by state and are solely the responsibility of American Heritage Life Insurance Company.

**mybenefits**<sup>SM</sup>  
secure online  
benefits access



## Manage Your Account and File Claims



### E-Signature

Upload, review and sign your claim electronically



### Direct Deposit

Available for faster processing



### View

Full policies, certificates and claim history



### Download

Explanation of Benefits (EOB)

24

### Anytime Access

Online access to coverage information, claims and more. Optimized for mobile devices, submitting claims is as easy as taking a picture of your documents and submitting them through MyBenefits.

### Mobile Optimization



- Our MyBenefits app streamlines your claims submissions (see next page)
- Take a picture of your supporting documents and submit them via the app or through your mobile device

### How to Register to Access MyBenefits

- Go to: [standard.com/ahl/mybenefits](https://standard.com/ahl/mybenefits) (click "Register your account today")
- Enter account info: SSN, Zip code and Birthdate are required
- Create your account: Choose your User ID and Password
- Answer two security questions: User ID retrieval and Password reset

To find out more about what the MyBenefits site can offer, see the *information on reverse*.



### Online Access 24/7

Access your claim and benefit information anytime, day or night



### E-Signature

Upload supporting documents like hospital or doctor's bills, then review and sign your claim electronically



### Coverage Information

Print or view your coverage details or certificates on existing coverage



### Help Center

Gives you anytime access to our Forms Library, Upload Center, contact information and recent account activity



### Message Center

Alerts you of claim status updates and other important information

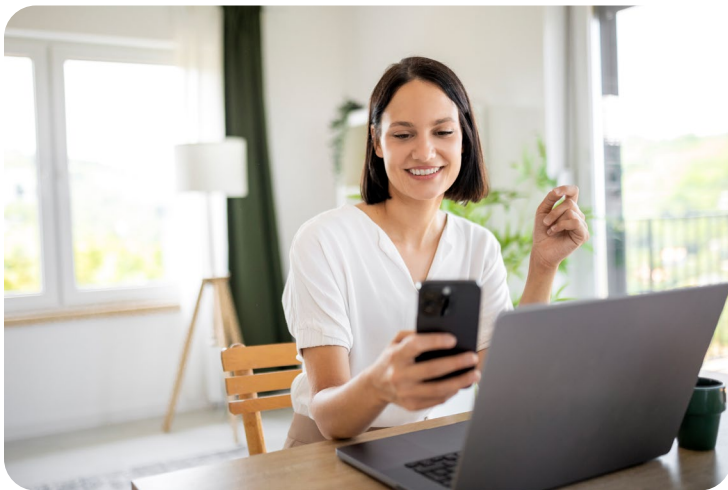


### Mobile Friendly

Use your mobile device to upload pictures of your claim forms and supporting documents

## Fast Claims on the Go – We Have an App for That!

Register at [standard.com/ahl/mybenefits](https://standard.com/ahl/mybenefits) or download the MyBenefits app



### Download our free MyBenefits app for Android and Apple mobile devices

- The app saves you time and streamlines your claims submissions.
- You can take pictures of your supporting claim documents, like a hospital or doctor's bill, and upload them via the MyBenefits app.
- Search for The Standard - MyBenefits on the App or Play store

### MyBenefits App System Requirements

- Android and Apple iOS devices
- Android operating system 3.3 or greater
- Click "install" and the app's icon will load onto the device's home screen

### MyBenefits Website

- Accessible using a desktop, laptop, tablet or smartphone
- Viewable in a wide variety of browsers
- Website format allows for viewing and scaling of the site on each device without distortion

Rev. 11/25. This material is valid as long as information remains current, but in no event later than March 15, 2028.

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The Standard is the marketing name used for American Heritage Life Insurance Company, Home Office, Jacksonville, Florida, a wholly owned subsidiary of StanCorp Financial Group, Inc.